

HOW IT'S DONE - V

This is how it's done
not so hard
written words
ground down
set the pace
point the way
balance senses
speak quiet down
written down

Guidance
not so new
passage
voyage
navigate
channeling
sameness
relearning
again.

*Why the lack of
connectivity
cursed
fact of life.*

- Diane Sophrin (5.13.22)
Vermont