

NORMAL ABNORMAL - III  
(Normal Like A Yo-Yo)

Normal one could  
say human  
responses to  
abnormals.

Cling to  
normal as wet fingers  
clutching  
the slippery life-saver.

Snuggle up  
to mad reality  
denial a more deadly dance  
partner than madness.

Spin and bounce  
rise and fall  
like the blue wood yo-yo  
on its noose.

- Diane Sophrin  
Vermont (8.13.20)