

SWIFTLY SWIFTLY - VI

Swiftly swiftly  
no holding back  
urgency declaims  
puts claims  
on your soul  
puts hands on  
your neck.

hand over fist  
head first  
feet first  
anyway you like  
open wide  
open up  
swallow.

ready set  
to go  
on your mark  
these marks  
make theirs  
mark mine before  
it's too late.

- Diane Sophrin.  
Vermont, 2.26.19